

Unity Church of Mississauga March 2, 2010
This Week at Unity Church of Mississauga
www.unityofmississauga.com

Saturday, March 6
Registration at 9:30am
Event 10:00am – 5:00pm

Healing for Congo Women Fundraising Event

WHEN YOU GIVE, YOU RECEIVE! Gifts from and for the heart! The morning includes musical performances from Brenda MacIntyre and Michael Moon. Paul Gaszold will accompany Kiernan Antares in a Divine Blessing Ceremony. The afternoon includes individual 20 minute sessions with your choice of practitioners to receive energetic healings, spiritual guidance and readings as well as individual Divine Blessings by Kiernan and a Silent Auction.

All of the money raised goes towards helping Congolese women rebuild their war-torn lives with living necessities, education and training to become active, thriving and leading citizens in their communities. Together we can make a difference.

Sunday Services
9 & 11 am
Rev. Dale Blackford

Sunday, March 7
10:15am or 1 pm

Information Meeting for Prospective Prayer Chaplains

Would you like to be a Prayer Chaplain?

Our Church is now recruiting new Prayer Chaplains.

To be a Prayer Chaplain is perhaps the most important and responsible volunteer position in the Church, and requires a high degree of commitment. Members of our Church who are not presently Prayer Chaplains are invited to consider this opportunity to join our devoted prayer group. Present members of the Prayer Team are particularly invited, but any Church members may participate.

What is a Prayer Chaplain?

- A Prayer Chaplain is someone who:
- Will create and hold a spiritual space with you
- Will lovingly listen to you
- Will pray with you
- Will hold what is shared in strict confidence
- and will perform some other duties as needed

How do I find out more information?

Come to either of two information sessions facilitated by Bill Karr, LUT.
These sessions will be held on Sunday March 7th, 2009 at either **10:15 a.m.**
following early service, OR
At **1:00 p.m.** following the 11:00 a.m. service.
You can speak to Bill Karr at Church, or at 905-570-5385, or by e-mail at
praywithbill@gmail.com

Sunday, March 7
2 - 3:30pm

Unity Band Forming and Rehearsing

We are starting a Unity Band that is rehearsing to become a Sunday, weekly, Music & Celebration event. If you would like to consider being a part of the band, come to our rehearsal this Sunday. Also, anyone who would just like to sit in while we practice is welcome to attend as well. Bob Long and Rev. Dale have agreed to serve as the initial leaders of the band for music and direction, respectively as our Community forms and develops. Everyone's input and ideas are welcome. See you there

Ongoing Thursdays

Please note: Cancelled for March 4

7 to 9 pm

A Thousand Names for Joy

Facilitated by Rev. Dale

Based on the book by Byron Katie

"This class/discussion group is based on the book "1000 Names for Joy" by Byron Katie. Rev. Dale guides a empowering and revealing study of how loving what is, leads to more loving and more experience to be loving. This is a class for those who are being called to awaken. All are welcome at any time."

"The Heart of Being: Unity, Inquiry & The Power of Now"

Radio Program at: www.unity.fm

Host: Rev. Dale - Call in 866.472.5794

March 4:

This Week: The Wizard of Ah-Hahz

"Do not lie; and do not do what you hate, for all things are manifest before Heaven." ... Jesus the Christ, The Gospel According to Thomas
It may seem difficult at times to face what is, but it's simple, reliable and always doable. The path of what ought to be might look better at first, but it leads into the woods of deeper and deeper confusion
Email Rev Dale at Unity.fm or call in live with your questions 888-472-5794.

Ongoing Saturdays

Spanish Classes for FUN

10 am in Unit 6

February 20, March 13 & 27

Saturday, March 13, March 27, 2010

Sing Your Soul Song

2 – 4 pm in Unit 8 (Sanctuary)

Instructor: Ruth Finlay

Every person with a voice has a soul song. Many of us leave the singing up to those who have trained voices or mere confidence. But song has been given for all to sing! Singing is given to us as part of our self expression. When we freely sing joyously we are elevated, healed, encouraged and fulfilled.

Singing is on of the easiest ways to step into the present.

It is a wonderful way to fellowship with others and forget the cares of the world.

Students will be doing vocal exercises, participating in a guided meditation, toning and when ready singing their favourite song.

Everyone who has a voice has a song.....

Cost: give what you feel is right

A CD is also available to support your vocal practice that will give you ongoing vocal exercises, toning exercises, guidance and support. *Cost \$10*

Ruth has been teaching and coaching singers for four years.

Having developed a method of training the voice for performance, she has been inspired to facilitate singing in the community of those who are seeking spiritual development. She welcomes all to join with her in this series of classes.

Everyone who has a voice has a song.....

Saturday, March 20, 2010

Metaphysical Interpretation of “The Good Book”

10 am to noon

With Wendy Woytasik-Karr, MA, LUT

The Crucifixion (Matthew 28, Mark 16, Luke 24, John 20)

Join fellow seekers as we read a story from the Bible and engage in discerning its meaning for us today.

No previous Bible knowledge/training necessary – all welcome!

Please bring a Bible (your favourite version)

Presented on a Love Offering basis

Magnificent You Workshop

“New Energy Pioneers In This Incoming New Era”

March 20, 1 to 4 pm

Facilitated by Ann Edwards

These are times of great change. But we are experiencing more than “great” change; we are living at a time of “mythic” change. This describes our moment in time, this moment in history. Our familiar myths are getting dismantled, no matter

which direction you look – socially, religiously, politically, economically, globally, environmentally – everywhere. And thus we are fragmented as a planetary community. Obviously we can be overwhelmed by the size of this moment in history; ending of a mythic era in human evolution: What could we see ahead? What is our role in this historic moment in time? Why are we here? We all have heard that we chose this moment to incarnate; and have to be asking ourselves “What were we thinking?????” We’ll look at our place in this historic moment in our evolution. . . . we’ll come to realize the gifts that we all bring...magnificent you, magnificent us.

Cost: \$30

Sunday, April 11, 2010
Annual General Meeting
Time: To Be Announced

Saturdays, May 29, June 5, 19, 26, July 3, 10
Spiritual Education & Enrichment Classes

Education Opportunity this Spring/Summer

Join fellow Unity folks in **Orillia** for Unity's "Spiritual Education and Enrichment" Classes. Taught over 6 Saturdays (May 29, Jun 5, 19, 26, Jul 3, 10), participants can choose from 4 Required courses: "Bible Overview: Christian Scriptures" (Facilitator: Rev. Irene Anton), "Jesus' Teachings in the Bible" (Facilitator: Rev. Helen Mcleod), "Life of Prayer" (Facilitator: Bill Karr, LUT), "Meditation Practices" (Wendy Woytasik-Karr, LUT).

Contact Bill at praywithbill@gmail.com or **Wendy** at unityfrog@sympatico.ca for further information.

GROUPS WHO USE OUR FACILITIES & OFFER SERVICES:

Yoga with Sandra Embleton

Monday – Wednesday – Friday Starting March 8, 2010

9:30 to 11 am

The style of yoga is Hatha yoga and the classes will be beginner level.

These classes are not set but will fluctuate according to students abilities.

We will be concentrating on breathing, allowing and correct posturing.

Sandra has fourteen years experience teaching yoga in various health clubs in Mississauga and also with Wellspring.

Wear comfortable clothing and bring a blanket to class.

These are fun classes to attend. Lots to learn about the Self and about Spirit!

Students may choose to attend one day a week or more.

Cost is twenty dollars per class.

Pay up front for the 12 weeks and receive 2 free classes. Cost is \$200.00

If you wish to attend more than one class per week, a special deal will be made.

Attend all three classes per week for 12 weeks and pay only \$360.00

Contact Sandra at 905-849-1420 or sandra_embleton@yahoo.ca for more info

A COURSE IN MIRACLES

Mondays 7:30 to 9 pm

Hosted by Patricia Hurst

Love offering to the church

BLUE STAR MEDITATION

Fridays 7:30 - 9:30 pm

Yoga, Discussion, Meditation

Contact Danuta at 905-569-1320 for more info

KRYAYOGA MEDITATION

Monday to Friday: 6:00 - 8:30 am

Saturday: 7:00 - 8:30 am

Contact Sharon at 905-844-2681 for more info

Unity Church of Mississauga

3075 Ridgeway Drive, Units 6, 8 & 10

Mississauga, Ontario L5L 5M6

Tel: 905-608-9310

Fax: 905-608-8876

<http://www.unityofmississauga.com>

Office Hours: Monday – Thursday 9 am to 4:30 pm

Minister's Hours: by Appointment

If you would like your name removed from this mailing list, please reply to this email with the word "REMOVE" in the subject line.