

Unity Church of Mississauga August 31, 2010
This Week at Unity Church of Mississauga
www.unityofmississauga.com

Sunday, September 5
10 am
Rev Dale Blackford

Band Practice
Wednesday, September 1 at 7 pm

"The Heart of Being: Unity, Inquiry & The Power of Now"
Radio Program at: www.unity.fm
Host: Rev. Dale - Call in 866.472.5794

September 2: ACCEPTANCE

No, No, A Thousand Times No: *"I listen for when the Universe say "NO" to my intentions. I accept this necessary disappointment as evidence of ripe and emerging possibilities that I have yet to notice."...Dale Blackford*
Based on Rev. Dale's new book, *Seeds of content: Sprouting Full Joy from Utter Despair.*

This new series unveils the Divine Shift in human awareness that empowers you now to intimately know the unseen bliss and freedom of your life in the vacuum already left from our collectively forgiving all reasoning that insanely resists it. Email Rev Dale at Unity.fm or call in live with your questions 888-472-5794.

Unity's World Day of Prayer
Thursday, September 9 at 7 pm in Unit 8

Sunday, September 12
10 am
Guest Speakers

Jonathan & Valarie Griffin

Gifting us with spoken word and song.

They will also be presenting a two hour workshop on Sunday afternoon.

"Unity Within"

Noon to 2 pm

Practicing the presence of Unity within through chanting and meditation.
Love Offering.

Sunday, September 19

10 am

Guest Speaker: Paul Cestnick

“The Simplicity of Oneness”

The Simplicity of Oneness - I refer to a miracle as being a correction in thinking and attitude and from such corrections come greatly improved manifesting. Our minds create twenty four hours a day even while we sleep. This creating takes place through the Law of Cause and Effect, the most fundamental law there is. In all of this creating there is no judging of what we want or don't want as being good or bad or right or wrong. The answer is simply 'yes'.

Paul Cestnick is a retired businessman and teacher of A Course In Miracles for over twenty five years. He now dedicates his time to teaching and mentoring what he refers to as “miracle-minded people”.

A long time friend of Unity Mississauga, Paul first spoke here in the late 1980's when the church was located across from the Clarkson Train Station.

You can read more about Paul's current work at www.mymiracles.org.

PK Zen Qi-Gong Class (and Tulsì Ginger Tea)

Experience something incredibly uplifting!

Every Saturday

Starting Saturday September 11, 2010

September 4 class is cancelled due to the holiday weekend.

10 am to 11:30 pm in Unit 8

With Zen Priest Ven. Hae Kwang Robert

We invite you to a great new class which includes a soft, flowing series of warm up calisthenics, Zen Qi-Gong, Qi-Energy Healing Instruction, Core Body Exercises and Stretches, Deep Breathing, Relaxation and an amazing stress reduction closing and meditation that will leave you floating out of the class. The energy healing components of the classes are taught at Zen Temples in Korea that specialize in martial arts. This class by Hae Kwang Robert is considered the ultimate stress reducer. (Call 905-915-3017)

As acclaimed cardiovascular surgeon Dr. Mehmet Oz, vice-chair and professor of surgery at Columbia University and director of the Cardiovascular Institute and Complementary Medicine Program at NewYork–Presbyterian Hospital writes in his best selling book ‘Staying Young’: “Qi-Gong allows us to cope with the day to day struggle of being human – it can help us stretch and stay loose and balanced in both mind and body.” On the Ophra Winfrey show in November he simply put it this way, "If you want to be healthy and live to be 100, do Qi-Gong." He also added that Qi-gong reverses the aging process.

Fee: \$10.00

Ven. Hae Kwang (Robert)

Ven. Hae Kwang Robert is Vice-Dean of The Institute of Asian / Buddhist Studies (I.B.S.) (<http://www.wbu-austria.com>). He started studying comparative religion, Zen and Eastern Complimentary Medicine in 1990. He received ordination as Bodhi-Cari at Bo Kwang Temple Anaheim and Taego Zen Priest ordination in

Seoul, South Korea after years of study under Patriarch Ven Dr. Jongmae Park. The 1600 year old International Zen Taego Order is one of the largest Zen Orders in the world with over 3,100 Zen Temples. For almost a decade, Hae Kwang has been conducting meditation retreats, classes and workshops across California. In 2008, Hae Kwang returned to Ontario and is now acting director of Zen Taego Order Canada (www.taegozen.info).

The Board of Directors at Unity Church of Mississauga has committed to a unique fundraising venture.

We have purchased the distribution rights to a computer software application called the "**Shopping Genie**".

This software allows users to search the internet for low prices on many items which you may want to purchase. It very quickly searches many manufacturers and electronic stores listed on the internet to find a source for the item you want at low prices. This can save a lot of time and money for items like vitamins, dog food, appliances, and electronic gadgets or anything else you might be interested in.

All you have to do is go to our web page at www.myshoppinggenie.com/unityofmississauga and click the button "get the free app" and install the software. On this web page is a video that talks about what the software does.

Once the Shopping Genie is installed, every time you do a Google search, the Unity of Mississauga's name will appear in the lower left of your screen. If you double click our name, you will be able to watch a video on how to use the software.

The way the Church gets donations is by you clicking around and looking at various web sites for the stuff you would like to get a price on. Every time you go to a web site, the Church will get paid a few cents just because you looked at the information. It's like walking through a mall and every time you go into a store, the store owner pays the Church just because you went into the store. **You do not have to make a purchase.**

I am available for any questions or help in getting the Genie installed on your computer.

Thank you for your support.

Ron Shawley, Treasurer, Unity Church of Mississauga

416-473-7451

rshawley@sympatico.ca

Did you know that you can donate on line through Canada Helps?
You can go to our web page at <http://unityofmississauga.com/index.html> were there is an icon for Canada Helps which is a secure site or click on the link below. Thank you in advance for your support, it is greatly appreciated.

<https://www.canadahelps.org/DonationDetails.aspx?cookieCheck=true>

GROUPS WHO USE OUR FACILITIES & OFFER SERVICES:

A Course in Miracles

Mondays 7:00 to 9 pm

Hosted by Patricia Hurst

Love offering to the church

Please note that A Course in Miracles is cancelled for August 23, 30 and September 6. Resumes on September 13th.

Blue Star Meditation

Fridays 7:30 - 9:30 pm

Yoga, Discussion, Meditation

Contact Danuta at 905-569-1320 for more info

Kryayoga Meditation

Monday to Friday: 6:00 - 8:30 am

Saturday: 7:00 - 8:30 am

Please note that the usually scheduled meditation classes for Kryayoga are suspended until September 13th.

Contact Sharon at 905-844-2681 for more info

Yogi Satyam's Visit

August 17, 18 & 19, 2010

6 am – 1:30 pm - 8 pm

Unity Church of Mississauga

3075 Ridgeway Drive, Units 6, 8 & 10

Mississauga, Ontario L5L 5M6

Tel: 905-608-9310

Fax: 905-608-8876

<http://www.unityofmississauga.com>

Office Hours: Monday – Thursday 9 am to 4:30 pm

Minister's Hours: by Appointment

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