

UNITY OF MISSISSAUGA



Units 6, 8 & 10 3075 Ridgeway Drive
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September 2010

(Subject to Change)

As of September 2, 2010



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Band Practice 7 pm	2 Pilates 8:30 - 11 AM	3 Blue Star Meditation 7:30 PM	4
5 Sunday Service 10 AM Rev Warren Dale Blackford	6 Course in Miracles 7 PM in Unit 10	7 Pilates 9 - 10 AM 6:30 - 8:30 PM	8 Band Practice 7 pm	9 Pilates 8:30 - 11 AM Unity's World Day of Prayer 7:30 pm	10 Blue Star Meditation 7:30 PM	11 PK Zen Qi-Gong 10 - 11:30 am Ven. Hae Kwang 
12 Sunday Service 10 AM Guest Speakers Jonathan & Valarie Griffin Workshop "Unity Within" Noon to 2 pm	13 Kriyayoga Meditation 6 - 8:30 AM Course in Miracles 7 PM in Unit 10	14 Kriyayoga Meditation 6 - 8:30 AM Pilates 9 - 10 AM 6:30 - 8:30 PM	15 Kriyayoga Meditation 6 - 8:30 AM Band Practice 7 pm	16 Kriyayoga Meditation 6 - 8:30 AM Pilates 8:30 - 11 AM	17 Kriyayoga Meditation 6 - 8:30 AM Blue Star Meditation 7:30 PM	18 Kriyayoga 7 - 8:30 AM PK Zen Qi-Gong 10 - 11:30 am Ven. Hae Kwang
19 Sunday Service 10 AM Guest Speaker Paul Cestnick	20 Kriyayoga Meditation 6 - 8:30 AM Course in Miracles 7 PM in Unit 10 Exploring Creative Writing in Unit 8 6:45 - 9 pm * Bruno Groning Group 7 PM in Unit 6	21 Kriyayoga Meditation 6 - 8:30 AM Pilates 9 - 10 AM 6:30 - 8:30 PM	22 Kriyayoga Meditation 6 - 8:30 AM Band Practice 7 pm	23 Kriyayoga Meditation 6 - 8:30 AM Pilates 8:30 - 11 AM	24 Kriyayoga Meditation 6 - 8:30 AM Blue Star Meditation 7:30 PM	25 Kriyayoga 7 - 8:30 AM PK Zen Qi-Gong 10 - 11:30 am Ven. Hae Kwang
26 Sunday Service 10 AM Rev Warren Dale Blackford	27 Kriyayoga Meditation 6 - 8:30 AM Course in Miracles 7 PM in Unit 10 Exploring Creative Writing in Unit 8 6:45 - 9 pm	28 Kriyayoga Meditation 6 - 8:30 AM Pilates 9 - 10 AM 6:30 - 8:30 PM	29 Kriyayoga Meditation 6 - 8:30 AM Band Practice 7 pm	30 Kriyayoga Meditation 6 - 8:30 AM Pilates 8:30 - 11 AM	Sunday Service: 10 am Youth Ed: 10 am for Updates check your Tuesday email "This Week at Unity of Mississauga" Or visit our Web Site at www.unityofmississauga.com	

*Intro required before attending
 Call Jura @ 905-842-6524