

UNITY OF MISSISSAUGA

Units 6, 8 & 10 3075 Ridgeway Drive
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February 2010

(Subject to Change)

As of January 20, 2010



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|---|---|---|
| | 1 Kriyayoga Meditation 6 – 8:30 AM Course in Miracles 7:30 PM in Unit 6 | 2 Kriyayoga Meditation 6 – 8:30 AM 7:30 - 9 PM Pilates 9 - 10 AM 6:30 - 8:30 PM | 3 Kriyayoga Meditation 6 – 8:30 AM Friends 7 to 9 PM | 4 Kriyayoga Meditation 6 – 8:30 AM Pilates 8:30 - 11 AM A Thousand Names for Joy Class Facilitated by Rev Dale 7 PM | 5 Kriyayoga Meditation 6 – 8:30 AM Blue Star Meditation 7:30 PM | 6 Kriyayoga 7 – 8:30 AM Sing Your Soul Song 1 - 4 PM |
| 7 Sunday Services 9 & 11 AM Rev Warren Dale Blackford | 8 Kriyayoga Meditation 6 – 8:30 AM Course in Miracles 7:30 PM in Unit 6 | 9 Kriyayoga Meditation 6 – 8:30 AM 7:30 - 9 PM Pilates 9 - 10 AM 6:30 - 8:30 PM | 10 Kriyayoga Meditation 6 – 8:30 AM Friends 7 to 9 PM | 11 Kriyayoga Meditation 6 – 8:30 AM Pilates 8:30 - 11 AM A Thousand Names for Joy Class Facilitated by Rev Dale 7 PM | 12 Kriyayoga Meditation 6 – 8:30 AM Blue Star Meditation 7:30 PM | 13 Kriyayoga 7 – 8:30 AM Celebration of Love Dinner & Entertainment Dinner Served 6:30 pm Tickets \$30 |
| 4 Sunday Services 9 & 11 AM Valentines Day Love Festival  | 15 Kriyayoga Meditation 6 – 8:30 AM Course in Miracles 7:30 PM in Unit 6 | 16 Kriyayoga Meditation 6 – 8:30 AM 7:30 - 9 PM Pilates 9 - 10 AM 6:30 - 8:30 PM | 17 Kriyayoga Meditation 6 – 8:30 AM Friends 7 to 9 PM | 18 Kriyayoga Meditation 6 – 8:30 AM Pilates 8:30 - 11 AM A Thousand Names for Joy Class Facilitated by Rev Dale 7 PM | 19 Kriyayoga Meditation 6 – 8:30 AM Blue Star Meditation 7:30 PM | 20 Kriyayoga 7 – 8:30 AM Metaphysical Interpretation of the Good Book 10 am to noon |
| 21 Sunday Services 9 & 11 AM Rev Warren Dale Blackford | 22 Kriyayoga Meditation 6 – 8:30 AM Course in Miracles 7:30 PM in Unit 6 | 23 Kriyayoga Meditation 6 – 8:30 AM 7:30 - 9 PM Pilates 9 - 10 AM 6:30 - 8:30 PM | 24 Kriyayoga Meditation 6 – 8:30 AM Friends 7 to 9 PM | 25 Kriyayoga Meditation 6 – 8:30 AM Pilates 8:30 - 11 AM A Thousand Names for Joy Class Facilitated by Rev Dale 7 PM | 26 Kriyayoga Meditation 6 – 8:30 AM Blue Star Meditation 7:30 PM | 27 Kriyayoga 7 – 8:30 AM Sing Your Soul Song 1 - 4 PM |
| 28 Sunday Services 9 & 11 AM Rev Warren Dale Blackford Prayer Chaplains 1 PM | | | | | | |



Sunday Services: 9 & 11 am Youth Ed: 11 am
for Updates check your Tuesday email "This Week at Unity of Mississauga"