

UNITY OF MISSISSAUGA

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March 2010

(Subject to Change)
As of February 23, 2010



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Kriyayoga Meditation 6 – 8:30 AM Hatha Yoga 9:30 to 11 am Course in Miracles 7:30 PM in Unit 6	2 Kriyayoga Meditation 6 – 8:30 AM Pilates 9 - 10 AM 6:30 - 8:30 PM	3 Kriyayoga Meditation 6 – 8:30 AM Hatha Yoga 9:30 to 11 am	4 Kriyayoga Meditation 6 – 8:30 AM Pilates 8:30 - 11 AM A Thousand Names for Joy Class Facilitated by Rev Dale 7 PM	5 Kriyayoga Meditation 6 – 8:30 AM Hatha Yoga 9:30 to 11 am Blue Star Meditation 7:30 PM	6 Kriyayoga 7 – 8:30 AM Healing for Congo Women Fundraiser Event 10 am to 5 pm
7 Sunday Services 9 & 11 AM Rev Warren Dale Blackford Band Practice 2 PM	8 Kriyayoga Meditation 6 – 8:30 AM Hatha Yoga 9:30 to 11 am Course in Miracles 7:30 PM in Unit 6	9 Kriyayoga Meditation 6 – 8:30 AM Pilates 9 - 10 AM 6:30 - 8:30 PM	10 Kriyayoga Meditation 6 – 8:30 AM Hatha Yoga 9:30 to 11 am	11 Kriyayoga Meditation 6 – 8:30 AM Pilates 8:30 - 11 AM A Thousand Names for Joy Class Facilitated by Rev Dale 7 PM	12 Kriyayoga Meditation 6 – 8:30 AM Hatha Yoga 9:30 to 11 am Blue Star Meditation 7:30 PM	13 Kriyayoga 7 – 8:30 AM Spanish Class 10 AM Sing Your Soul Song 2 - 4 PM
14 Sunday Services 9 & 11 AM Rev Warren Dale Blackford Band Practice 2 PM Daylight Savings Time Begins	15 Kriyayoga Meditation 6 – 8:30 AM Hatha Yoga 9:30 to 11 am Course in Miracles 7:30 PM in Unit 6	16 Kriyayoga Meditation 6 – 8:30 AM Pilates 9 - 10 AM 6:30 - 8:30 PM	17 Kriyayoga Meditation 6 – 8:30 AM Hatha Yoga 9:30 to 11 am	18 Kriyayoga Meditation 6 – 8:30 AM Pilates 8:30 - 11 AM A Thousand Names for Joy Class Facilitated by Rev Dale 7 PM	19 Kriyayoga Meditation 6 – 8:30 AM Hatha Yoga 9:30 to 11 am Blue Star Meditation 7:30 PM	20 Kriyayoga 7 – 8:30 AM Metaphysical Interpretation of the Good Book 10 am to noon Magnificent You Workshop 1 – 3 PM
21 Sunday Services 9 & 11 AM Rev Warren Dale Blackford Band Practice 2 PM	22 Kriyayoga Meditation 6 – 8:30 AM Hatha Yoga 9:30 to 11 am Course in Miracles 7:30 PM in Unit 6	23 Kriyayoga Meditation 6 – 8:30 AM Pilates 9 - 10 AM 6:30 - 8:30 PM	24 Kriyayoga Meditation 6 – 8:30 AM Hatha Yoga 9:30 to 11 am	25 Kriyayoga Meditation 6 – 8:30 AM Pilates 8:30 - 11 AM A Thousand Names for Joy Class Facilitated by Rev Dale 7 PM	26 Kriyayoga Meditation 6 – 8:30 AM Hatha Yoga 9:30 to 11 am Blue Star Meditation 7:30 PM	27 Kriyayoga 7 – 8:30 AM Spanish Class 10 AM Sing Your Soul Song 2 - 4 PM
28 Sunday Services 9 & 11 AM Rev Warren Dale Blackford Palm Sunday Prayer Chaplains 1 PM Band Practice 2 PM	29 Kriyayoga Meditation 6 – 8:30 AM Hatha Yoga 9:30 to 11 am Course in Miracles 7:30 PM in Unit 6	30 Kriyayoga Meditation 6 – 8:30 AM Pilates 9 - 10 AM 6:30 - 8:30 PM	30 Kriyayoga Meditation 6 – 8:30 AM Hatha Yoga 9:30 to 11 am	Sunday Services: 9 & 11 am Youth Ed: 11 am for Updates check your Tuesday email "This Week at Unity of Mississauga" Or visit our Web Site at www.unityofmississauga.com		

